



Overview:

The UK Level 2 Award in Emergency First Aid at Work (EFAW) is designed to provide learners with the essential skills needed to respond to workplace medical emergencies. This qualification meets Health and Safety (First Aid) Regulations and is ideal for businesses that require certified first aiders to handle minor to moderate injuries and medical incidents.

Overview:

Employees & Workplace First Aiders: Designated individuals responsible for first aid in the workplace.

Supervisors & Managers: Ensuring emergency preparedness and compliance with health & safety laws.

Construction & Industrial Workers: Handling job site accidents and medical emergencies.

Security & Public Safety Personnel: Responding to injuries in public spaces.

Retail, Hospitality & Office Workers: Dealing with customer or staff emergencies.

Teachers, Coaches & Caregivers: Assisting students and children in emergency situations.

Self-Employed & Small Business Owners: Ensuring workplace safety compliance. **Duration:**

Typically 1 day (6 to 8 hours), depending on the training provider.

Assessment:

Practical Demonstration: Performing CPR, wound dressing, and emergency responses.

Written Examination: Multiple-choice questions on first aid principles.

Validity:

The certificate is valid for 3 years. A refresher course is recommended before expiration to maintain certification.

Modules:

- Roles & Responsibilities of an Emergency First Aider: Workplace first aid duties.
- Basic Life Support (BLS) & CPR: Performing chest compressions & rescue breaths.
- Unconscious Casualty Management: Recovery position and airway maintenance.
- Choking Emergencies: Assisting both adults and children.
- Bleeding & Wound Care: Treating minor to moderate cuts, burns, and injuries.
- Shock & Medical Emergencies: Recognizing and responding to strokes, heart attacks, and seizures.
- Handling Workplace Accidents: First aid for fractures, sprains, and head injuries.
- Use of Automated External Defibrillator (AED): Correct procedures for defibrillation.

Why Choose Us?

Accredited & Recognized Qualification: Meets UK workplace first aid requirements.

Expert-Led Training: Taught by certified first aid professionals.

Practical Hands-On Learning: Real-world emergency response exercises.

Flexible Study Options: Available in classroom, online, or blended formats.

Essential for Workplace Compliance: Helps businesses meet legal health & safety obligations.

Life-Saving Skills: Immediate response training for real emergencies.









